

QUICK CARD

MoPro Create

How it works – one page

MoPro Create is the TrainersEye document engine.

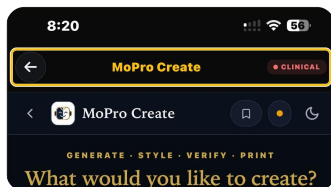
TrainersEye app → Dashboard → MoPro Create · Clinical plan

GETTING STARTED

BRIEF AND STYLE

GENERATE AND REFINE

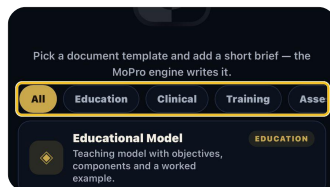
PRINT AND SHARE



1

Open the tool

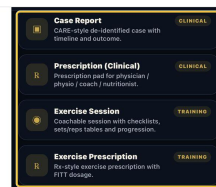
From the Dashboard, tap MoPro Create. It is a Clinical-plan tool – the CLINICAL badge sits beside the title.



2

Pick a category

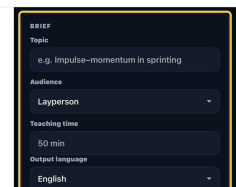
The flow is Generate · Style · Verify · Print.



3

Choose a template

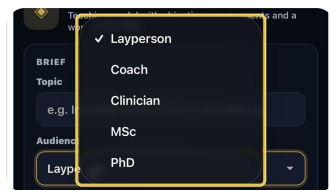
Twelve templates: Educational Model, Educational Notes and Lesson / Study Guide; Rehab Protocol.



4

Write the brief

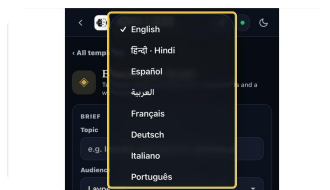
Type the topic – Impulse-momentum in sprinting, for example – then set the audience, the teaching time and the output language.



5

Set the audience

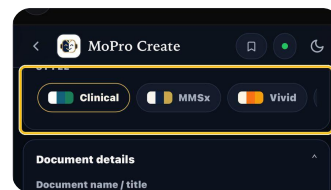
Audience sets the depth and the vocabulary of the document: Layperson, Coach, Clinician, MSc or PhD.



6

Choose the output language

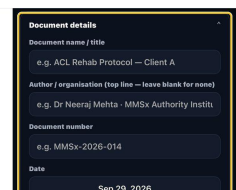
Output language offers twelve: English, Hindi, Spanish, Arabic, French, German, Italian, Portuguese, Dutch.



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Pick a style

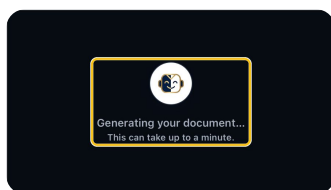
Style sets the look of the finished document – Clinical (white, navy and green), MMSx (cream, navy and gold).



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Add the document details

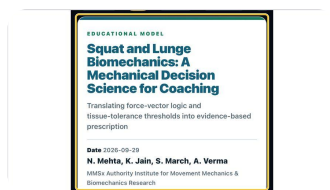
Document details holds the printed head: document name / title, author / organisation (the top line).



9

Generate the document

Tap + Generate document.



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Read the document

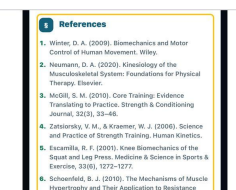
The document opens in the chosen style with a structured head – template label, title, subtitle, date.



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Figures and key points

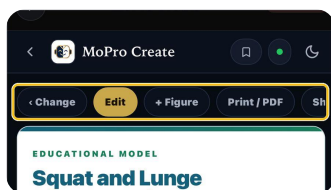
+ Figure inserts a figure from the TrainersEye exercise library – the movement discussed.



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Edit and references

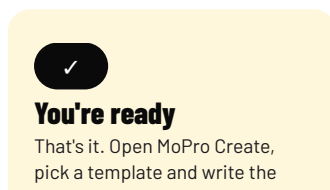
Edit is the working view: amend the text in place.



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Print, PDF or share

Print / PDF lays the document out for A4 and opens the phone's print sheet – print it or save it as a PDF.



You're ready

That's it. Open MoPro Create, pick a template and write the brief.

ON THE DOCUMENT

TEMPLATE LABEL · TITLE AND SUBTITLE · DATE, AUTHORS AND AFFILIATION · ABSTRACT · KEYWORDS · LEARNING OBJECTIVES · FIGURE · CAPTION AND CREDIT · KEY POINT · REFERENCES