

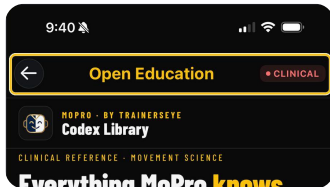
QUICK CARD

Open Education

How it works – one page

Open Education is the MoPro Codex Library – everything MoPro knows, on one shelf.

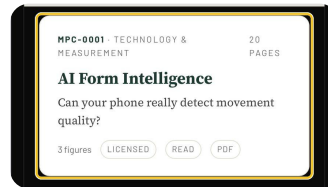
TrainersEye app → Dashboard → Open Education · Clinical plan

GETTING STARTED
LEARNING SHELVES
DECISION SHELVES
EDITORIAL SHELVES AND CITING

1
Open the tool

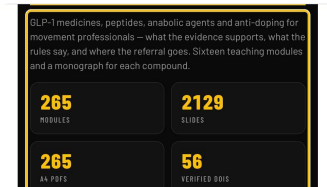
From the Dashboard, tap Open Education. It is a Clinical-plan tool – the CLINICAL badge sits beside the title.


2
The shelves

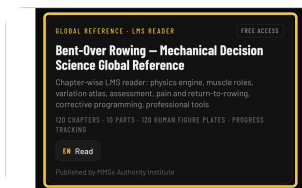
Everything MoPro knows, on one shelf: 367 Modules, 265 GLP-1, Peptides & Hormones, 7 Books, 299 Slides.


3
Modules

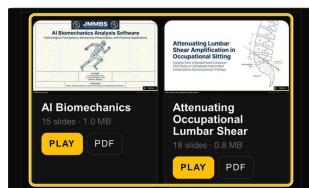
Modules opens MoPro Codex · Modules – learning modules, 2026 – under the MMSx Free Open Education and Collections tabs.


4
GLP-1, Peptides & Hormones

The pharmacology shelf: GLP-1 medicines, peptides, anabolic agents and anti-doping for movement professionals.


5
Books

Seven full-length reference volumes and field guides, read online chapter by chapter, including free MMSx titles under CC BY 4.0.


6
Slides

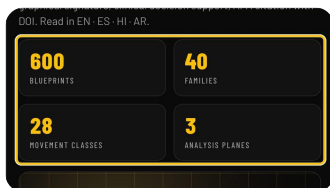
Illustrated slide decks, one concept per deck: 299 decks, 1,992 slides, 16:9, PDF download.


7
Comparisons

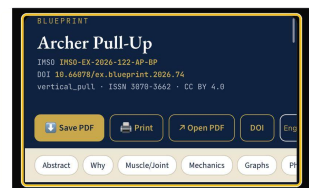
2,504 exercise comparison decision documents in four languages.


8
Read a comparison

A comparison opens as a decision document: its number, version, date and DOI (doi:10.66078/mmsx-comp-2020).


9
Blueprints

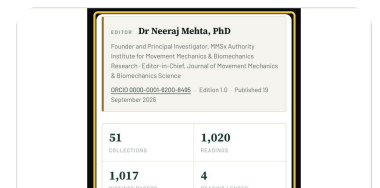
600 IMSO-registered movement blueprints across 40 families, 28 movement classes and 3 analysis planes.


10
Read a blueprint

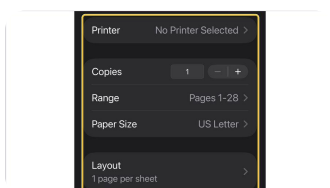
A blueprint opens on its record – Archer Pull-Up: IMSO ID, DOI, movement class, ISSN and CC BY 4.0 – with Save PDF.


11
Articles

MoPro Codex · Articles – Perspectives in Movement Science, Vol.


12
Research Readings

Editorial readings of open-licence movement science: the mechanics each study measured.


13
Print, save and cite

Print / PDF, Save PDF and Print open the phone's print sheet – pages, paper size, layout.


You're ready

That's it. Open the Codex Library and tap a number to open its shelf.

ON THE DOCUMENT

SERIES AND DOCUMENT LINE · DOI AND LANGUAGE · CATEGORY CHIPS · TITLE · AUTHOR LINE · ILLUSTRATIONS A AND B · SUMMARY · FEATURE TABLE · LOAD-VECTOR DIFFERENCE · COM / DISPLACEMENT STRATEGY